

# BEST VEGETARIAN RESTAURANTS IN THE U.S.

TRAVEL+LEISURE

AS FEATURED IN THE TRAVEL + LEISURE

## A REVIEW OF G-ZEN, IN BRANFORD



As Seen In



TRAVEL+LEISURE

The New York Times

SHAPE



VegNews



Happy Cow

NEW HAVEN REGISTER

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by Sarah L. Stewart, Restaurants | U.S.

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## Best Vegetarian Restaurants in the U.S.

### G-Zen, Branford, CT

The New Haven-area shoreline gets a dose of Eastern flair at G-Zen. Hand-painted, gold-leafed mandalas adorn the walls, and co-owner Ami Beach Shadle brings a background of holistic medicine to bear on the menu's raw foods and cocktail elixirs. Executive chef Mark Shadle has expanded the menu from the couple's original food truck (the biodiesel-fueled Gmonkey Mobile), earning favorable reviews for eclectic plates including curries, pizzas, and tempeh "crab" cakes. [g-zen.com](http://g-zen.com)